

LIFT is practical.

LIFT divides needs and tasks into manageable chores that can be shared by a number of volunteers in a congregation. No single individual, pastor, or deacon is left to meet needs alone. Tasks might include:

- * Respite care
- * Housekeeping
- * Yard work
- * Transportation
- * Bible reading and prayer
- * Errands

LIFT has practical ways of enlisting volunteers with different gifts and abilities.



If you are interested in serving in the LIFT ministry at Grace Community Church, please contact:

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LIFT Coordinator
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What does **LIFT** stand for?

Living
out our lives
In
with meaning & purpose
Faith
not fear
Together
not alone



As a community of believers we
desire to devote ourselves to
perceiving the burdens of others
and *making* them lighter.

Living
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Developed by

Life Matters
WORLDWIDE

www.lifemattersww.org/LIFT

*L*iving out our lives with meaning and purpose, *In Faith, not fear, Together, not alone*

Whose needs does LIFT address?

While there are many needs in a church community, LIFT focuses on the needs of the elderly, the chronically and terminally ill, and the disabled in the local church body.



Many individuals with needs are hesitant to ask for help or don't know who to ask. LIFT is **intentional**, by giving those people with needs a contact person to help make asking easier.

Why this ministry focus?

As this group is among the most vulnerable in our society—experiencing burdens, pain and loss, we believe the church should not be one of their losses. We are instructed to “*carry each other's burdens.*” Galatians 6:2

What is all involved?

Care ministries can be overwhelming because volunteers often lack the time or sufficient direction for exercising their ‘*gifts of mercy*’ effectively. LIFT's 3-tier ministry model—Coordinator, Caregiver, Support Team—helps people know how to ‘plug in’; gives oversight and **sustainability** so we “*do not become weary in doing good.*” Galatians 6:9

Can anyone serve in LIFT?

Yes, any believer in Jesus Christ who can love, give support, listen, care for, and comfort can be a part of LIFT.

I would love to help but don't have much time...

LIFT is set up so those with a busy schedule can sign up for tasks when they have the time. They would be part of the **Support Team** helping out on an ‘as needed’ basis with many tasks taking less time than preparing a meal.



If you have more time available, you may desire a **Caregiver/Contact Person** position. You would be paired with someone in need and your job would be to call or visit once a week. With this weekly contact, you might be made aware of other needs where you could ask for help from the **Support Team**.

How much preparation is required?

For the **Caregiver/Contact Person** position, a one-year commitment is desired. The Caregiver will also take a training course to equip in caregiving basics, listening, and dealing with people in crisis. Other topics include aging and stress, the challenges of dementia, and how to help someone who is bereaved.

LIFT also applies biblical principles to death and dying, complicated medical technology, and the ethical decisions that families may face at the end of a loved one's life.

The LIFT training will equip the church to play a major role in helping people as they suffer, encouraging them to ‘finish well’ for the glory of God.”