



**SUPPORT TEAM SIGN-UP SHEET – NAME/EMAIL**  
(SIGN UP FOR AS MANY CATEGORIES AS DESIRED)

**Companionship** – Bible reading and prayer, conversation, playing a game, physical presence, respite care, play a musical instrument, legacy work, e.g., scrapbook, family recipe book...

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**Home and Yard Upkeep** – linens, grocery shopping, light housekeeping, lawn care, snow removal, home repairs...

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**Personal Care** – meals, grooming, range-of-motion, bathing, washing and styling hair, shaving, manicure...

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**Transportation** – doctor’s visit, outings, errands, rides to church...

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**Money Management** – help balance checkbook, help pay bills, paperwork, legacy work (planned giving)...

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